

## Daily Lenten Prayer

Today Lord, I choose life,

I choose your love and the challenge to live it and share it,

I choose hope, even in moments of darkness,

I choose faith, accepting you as Lord and God,

I choose to let go of some part of my burdens,

day by day handing them over to you,

I choose to take hold of your strength and power ever more  
deeply in my life.

May this truly be for me a time of new life, of change,  
challenge and growth.

May I come to Easter with a heart open to dying with you  
and rising to your new life, day by day.

Amen